

**WORKSHOPS**  
at National Women's Conference  
July 10-15, 2010

Workshops are designed to help explore Living with Purpose ... in our inner selves (In My Heart); in our relationships (In My Life); and in our faith walks (In My World). Workshops are offered Sunday, Monday, and Wednesday. Please indicate first and second choices on your registration form. Early registrations receive priority.

**"A" Workshops for Sunday Afternoon: 1:15 P.M. to 2:30 P.M.**

**A 1. Emily Post Meets Facebook - Sandra Hasenauer**

Not only should we learn how to engage in new technologies available to us for connecting with women and girls, we have to learn what some of the pitfalls can be for these forms of communications as well. In this workshop, we'll learn some basic etiquette and important issues when it comes to email, texting, and social networking sites. (This workshop is for people of any level of computer experience and of any age!)

**A 2. "All Hands In" - Barbara and Carrie Anderson**

An old Chinese proverb says that women hold up half the sky. As Christian women and girls we need to lift our hands and reach out to oppressed women and girls. Global issues involving trafficking, gender-based violence and maternal mortality will be discussed in addition to "The Girl Effect" a way to bring change through education and economic empowerment of girls. "Invest in a girl and she will do the rest." How can Christian women and girls bring hope, dignity and economic opportunity to the oppressed? This workshop is based on information and research from the book, "Half the Sky" by Nicholas Kristof.

**A 3. Put Some Drama into Your Life - Molly Dunn - **This workshop is filled. Please select another workshop.****

Step out of your comfort zone! Learn how to express yourself through different acting exercises, then put what you've learned into action by making up your own skit. Limited to 12 people.

**A 4. Twirl with Joy (Baton Twirling) - Kate Mussel**

Have tons of fun learning the basics of baton twirling! Limited to 5 people.

**A 5. Bracelets by U! - Jasmine Turner**

Make bracelets that uniquely represent you! In Bracelets by U, we will make a bracelet that represents a story or something special in your life. Bring beads and other objects from home that you will want to use to tell your story and make your bracelet. Limited to 15 people. Workshop **fee \$5.00**.

**A 6. Water Fun Aerobics - Kimberly Kashner - **This workshop is filled. Please select another workshop.****

Jump in the shallow end as we build relationships and use the breath of life that sustains us to move about in a world different than our own. This workshop will contain splashes of fun as we participate together in water aerobics. While not too rigorous, this workshop will have you doing simple exercises in the pool of the Ramada Hotel that will give you strength and an appetite that can be satisfied by snacks following the workshop. Witness the Lord in water through strength and friendship. So grab your water shoes and let's have some fun! There will be a lifeguard on duty during this workshop. Limited to 10 people.

**A 7. Put Your Love into Action - Bonnie Sestito**

*"Dear Children, don't just talk about love. Put your love into action. Then it will truly be love."* (1 John 3:18...New International Reader's Version). Put your love into action making items such as no-sew lap blankets, bookmarks, tea bag holder cards and chocolate kiss roses (subject to change). All items made will be given to those living at the Judson Village Retirement Community, one of the mission day trips of the National Gathering for Girls.

**A 8. Simple Crafts to Inspire Your Witness - Aline Davis**

Join us as we use simple crafts to witness and inspire others with the Word of God. Be blessed yourself by just being a part of this workshop! You will make at least five projects as well as have fun. Limited to 20 people. Workshop **fee \$5.00**.

**A 9. Tour #1 - Sharon Woods**

Enjoy what Ohio's nature has to offer at Sharon Woods, a 762-acre park located just 3.6 miles from the Ramada Hotel. The park offers forests, swamp areas with wildlife habitats, and nature trails along streambeds. Walking trails range from 0.25 mi. (easy) along gravel surface to 3.8 mi. (moderate) along a paved surface, through both fields and wooded areas. Wander along the lake at the center of the park, or try your luck at fishing. This is a perfect outing for those who like to enjoy the outdoor environment. You can visit the park on the website to help plan your visit at [www.metroparks.net](http://www.metroparks.net). Sign up at the hotel lobby desk on Saturday to use the hotel shuttle service for this tour.

**A 10. Generous Disciples Make Mission Possible - Soozie Whitten Ford**

Join together to rediscover our God-designed capacity to be faithful, generous disciples even during seasons of economic uncertainty. Through discussion and exercises designed to help us explore a few key biblical passages, we will leave with a renewed commitment that we can indeed make mission possible!

**A 11. Forgiven and Forgiving - Dr. A. Roy Medley**

Forgiveness -both receiving and giving- remains a perennial issue. Apart from love itself, there is no greater expectation of Christians than this, that we forgive others. But we all know how hard forgiveness can be. Drawing from learnings from Rev. Medley's sabbatical we will explore Biblical and theological perspectives that free us to practice the grace of forgiveness, believing as Bishop Tutu has said, that "without forgiveness there is no future."

**"B" Workshops for Monday Afternoon: 1:15 P.M. to 2:30 P.M.**

**B 1. You've Got Style! - Jonna Turek**

Learn to recognize your own communication comfort-zone and that of others in this introduction to style-based personal evangelism. Be able to tell your personal faith story in the way that comes naturally to you and connects with your listener. Introducing techniques from Dr. Jeffery Johnson's book, *Got Style? Personality-Based Evangelism* (available from Judson Press).

**B 2. Showers of Blessing with White Cross - Victoria Goff and Chris Marziale**

Following a brief overview of the needs and background of this valuable program, you will receive hands-on instruction in rolling bandages and cutting quilt blocks. Share ideas (while you work) about completing White Cross requests and how to involve others in interesting new ways.

**B 3. Dating: The Godly Approach - Florene LeBlanc – [This workshop has been cancelled.](#)  
[Please select another workshop.](#)**

As a young single Christian woman we need to know who we are in Christ. This is especially important in dating. In this workshop you will have the opportunity to discuss different aspects of dating ... The Godly Approach. We will use the Bible as our reference.

**B 4. Oh, Those Beautiful Lips - Minister Carol Shannon**

Proverbs 87:6 "*Listen, for I have worthy things to say; I open my lips to speak what is right*". Have you ever looked at a woman who was fabulously dressed with make-up flawlessly applied, but the lipstick that she was wearing did not compliment her overall look? Have you ever met a woman that appeared to have it

all together and the words that came out of her mouth changed your overall perception of her? Come and we will examine and explore all of these things together.

**B 5. Designer Perfume - Wynetta Dukes**

According to Rick Warren, author of *The Purpose Driven Life*, our number one purpose is pleasing God. Offering God pleasure by worshipping Him "in Spirit and in truth" is more than singing three hymns and listening to the sermon. You are invited to learn God's pattern and ingredients for creating a perfume of worship pleasing to Him.

**B 6. Make a Joyful Noise to the Lord - Joyce Camp**

All music should be "soul music". Whether it is a foot-stomping, hand-clapping gospel song or a good, old-fashioned four stanza hymn, whether the song is fast and lively or slow and meditative, it should be sung from the heart. Come and experience singing from the top of your lungs, to the depths of your soul. If you like to sing, be ready to make a joyful noise unto the Lord!

**B 7. Transformed by Invitation - Kathy Deyer Bolduc**

Each of us knows what it feels like to be invited to a party, and what it feels like to be left out. In the parable of the banquet, Jesus talks about the ultimate party—the banquet of life. How do we "do" disability ministry in the context of Jesus' teaching on invitations to the banquet? How does the Body of Christ flourish when we affirm that everyone is gifted by the Holy Spirit, when we help identify those gifts, and when we find ways for each person to share their gifts? Come explore the theme of invitations in the church and in our personal lives. Participants will be invited to reflect on their own areas of giftedness and brokenness, and together will create a mosaic of wholeness that is called the Body of Christ.

**B 8. Beginning a New Life - Terri Simpkins**

Have you ever thought about meeting and working with men or women who are in prison or jail? (Matthew 25:35-45) Would you like to know more about what it takes and the rewards you would receive? Terri will share her experiences—the good, the bad, and the ugly.

**"C" Workshops for Monday Afternoon: 3:00 P.M. to 4:30 P.M.**

**C 1. Conference Choir - Pam Leonard**

Come sing for the glory of God! This workshop will be led by our conference musicians. You will join in song with others from the conference and then be a part of our closing worship on Wednesday evening.

- C 2. Stories from the Heart** - Chris Marziale and the Conference Missionaries  
You will get to meet and hear from our missionary Adalia Gutierrez Lee from Deborah's House and our international guests from Mexico to learn first-hand how we as American Baptist women relate to our partners in the mission field.
- C 3. Searching for God in a Child's Disability: Lessons from an Unlikely Teacher** - Kathy Deyer Bolduc  
It is easy to find God in the joy-filled moments of our lives. But what about those times of struggle and pain? What about the times of grief when our children don't develop according to typical timetables? Those times when we find ourselves stuck in depression, anger, fear, and guilt? In this workshop Kathy will share some lessons she has learned from living with her son, Joel, who has autism.
- C 4. Attitudes for Action - In All Business Meetings** - Carol Weale  
This session is for all who wish to be better leaders and participants. The ABC's we will cover include how to work with an agenda, deleting common mistakes, rights and duties of members, and the president's role. A better meeting serves God—or does not. The goal is to be more effective and efficient in AB Women's Ministries meetings and beyond, with compassion.
- C 5. It's All about "The Other"** - Eldora Sloan  
This is definitely an experiential, participatory workshop where you will do some sharing, learn new skills, and use them to help another feel genuinely cared for... quite possibly fulfilling an important part of your destiny as one of God's very special servants!
- C 6. What Gifts Did God Give Me?** - Andrea Dresser  
Every woman has a unique spiritual gift from God. Do you know what yours is? Come discover how God has gifted you and learn how God wants you to use your gift in His Kingdom on Earth.
- C 7. Fulfilling God's Plan** - Susan Hall  
Does your plan match God's plans for you? Come, share, and learn how your *legacy* plan can and will fit into God's plan for you. Complete the puzzle and be a woman destined for God's purpose through a "Possible Mission".
- C 8. Unleashing the Power: Empowering Women through Integrated Rural Development in Bangladesh** - Walt White  
International Ministries continues to support very creative development work among women in Bangladesh. Projects cover a wide range of areas including literacy, savings groups, cataract surgeries, clean water, education regarding women's legal rights, and much more. This seminar will look at how and why we support these particular activities, as well as the results.

## **Tours for Tuesday Afternoon: 1:00 P.M. to 4:30 P.M.**

NOTE: Not all tours will consume the entire time period. Women can also choose to stay at the hotel for swimming, movies, all free-time activities while the Ohio women host their business meeting.

T 1. (This tour is scheduled on Sunday at 1:15 P.M. Refer to "A 9" workshop.)

### **T 2. The Longaberger Factory**

The Longaberger family has been making choice collectors' baskets for 30 years. Sample a taste of what the Longaberger Homestead has to offer with this afternoon tour. You may choose to take a self-guided tour (one hour), make a basket (a fee is charged for this one-hour class), or shop at the factory store. Visit the website at [www.longaberger.com](http://www.longaberger.com) to guide you in your options. Pre-registration is required in order to arrange sufficient transportation. There is no cost of admission at the Longaberger Homestead; however, there will be a **\$5.00** fee for transportation.

### **T 3. The Anthony Thomas Candy Factory**

Experience the smell, the taste, the wonder of chocolate! This factory is the largest family-owned candy factory in the Midwest. In about one hour, you can view the candy-making process from start to finish in this 152,000 sq. ft. facility. The eight production lines turn out 25,000 pounds of chocolate per shift. You will want to visit the retail shop before you leave! Visit their website at [www.anthony-thomas.com](http://www.anthony-thomas.com) to see the variety of candy. There is no cost for the factory tour; however, there will be a **\$2.00** fee for transportation.

### **T 4. Easton Town Center**

The shopping, dining, and entertainment experience at the Easton Town Center has been recommended by many of the women in the Columbus area. Visit the website to gain access to a wonderful list of stores and restaurants available for you to visit. [www.EastonTownCenter.com](http://www.EastonTownCenter.com). The Easton Town Center is within five miles of the hotel. Sign up at the hotel lobby desk on Monday to use the hotel shuttle service for this tour.

T 5. (This tour is scheduled on Wednesday at 1:15 P.M. Refer to "D 7" workshop.)

## **"D" Workshops for Wednesday Afternoon: 1:15 P.M. to 2:30 P.M.**

### **D 1. An Admirable American Woman - Carol Weale**

Who faced roadblocks on her journey, yet became the most important woman in her field in the last two years? She had the support of her mother, her teachers and friends; the road blocks she faced did not stop her from reaching her goals.

What factors determine one's achievements? What would God think of her? Share your thoughts as we think of God's purpose for women at this critical time.

**D 2. Yet Still God's Women** - Lois Chiles

We as Christian women are so busy finding fault with one another that we have failed to realize when the true purpose of women in the church ceased functioning. Today, we debate over whether we should teach or preach; wear make-up or not wear make-up, short sleeves, long sleeves, skirt at the ankle or skirt below the knee— and the list goes on. Women within the church now find themselves being weighed and evaluated based upon individual opinion, and not upon God's Word.

**D 3. Young Adult Women Session 2** - Florene LeBlanc – [This workshop has been cancelled. Please select another workshop.](#)

Come...discover your spiritual gifts...perhaps you know what your gifts are, if so you are blessed but perhaps there are other spiritual gifts that you have never explored. When we allow God to be the force in being a "*Woman...Destined for God's Purpose*" you may wonder where to start. "*Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms.*" 1 Peter 4:10. In this workshop you will be given the opportunity to take the Spiritual Gifts assessment, which is the beginning of finding out your spiritual gifts and passion and make it a "Possible Mission" to serve others as we depend on the Lord for guidance.

**D 4. Being Contemplative in a Hurried World** – Rev. Rosalie Norman-McNaney

This experiential workshop will explore spiritual disciplines such as meditation, centering prayer, and journaling to listen and discern God's will throughout our busy lives. Participants should bring journals.

**D 5. What's in a Name?** - Marilyn Emerson

What is the traditional meaning of your name? What spiritual meaning does your name have? What do all the many names of Jesus tell us about him? And, why should one bother knowing all of this? This workshop will offer suggestions as to how this theme can be adapted for use as a 1-2 hour workshop or expanded to be the major portion of a weekend retreat.

**D 6. Now What Will We Do with a Broken Chain?** - Peggy Burke

Slavery! It didn't end with the Civil War. Now that our special project campaign "Break the Chains" has ended, what can we do to keep awareness growing and prevent modern-day slavery?

## D 7. Tour #5 - Downtown Worthington

Enjoy the charm of this historical village that was settled in 1800, built around a village green. Many of those buildings are in use today, housing quaint shops and boutiques. You will find holiday items, home décor, specialty clothing, and one-of-a-kind items and gifts. Take a look at [www.worthington.org](http://www.worthington.org). Sign up at the hotel lobby desk on Tuesday to use the hotel shuttle service for this tour.

## Special Meals

Please indicate each of the special meals you would like to attend.

Saturday:

- Conference Leaders' Dinner

This is for conference speakers; Bible study leader; workshop leaders; Conversation Café leaders; devotion leaders; musicians and all program participants.

Sunday:

- Young Adult Women's Lunch

Although open to anyone, this is especially for ages 18 to 35.

- AB GIRLS Heritage Dinner

Although open to anyone, this is especially for those who were and/or are active in World Wide Guild, Girl's Fellowship Guild and AB GIRLS, or those who want to learn more!

Monday:

- Alumnae Lunch

This is for those who have previously served on the national board of AB Women's Ministries and the national leadership team of AB GIRLS.

Tuesday:

Love Gift Lunch - **This special meal is filled.**

Wednesday:

White Cross Lunch - **This special meal is filled.**